# **Enright Forgiveness Research**

## **Books**

- Enright, R. D. & North, J. (Eds.). (1998). *Exploring forgiveness*, Madison, WI: University of Wisconsin Press.
- Enright, R. D. & Fitzgibbons, R. (2000). *Helping clients forgive: An empirical guide for resolving anger and restoring hope*. Washington, DC: APA Books. (This book is for helping professionals in psychology, psychiatry and related disciplines). Book also has been translated into Complex Chinese.
- Enright, R.D. & Fitzgibbons, R. (2015). Forgiveness therapy. Washington, DC: APA Books.
- Enright, R. D. (2001). *Forgiveness is a choice*. Washington, DC: APA Books. (This book is for the general public). Book also has been translated into German, Italian, Japanese, Korean, Portuguese, Romanian, Simple Chinese, and Complex Chinese.
- Enright, R. D. (2004). *Rising above the storm clouds*. Washington, DC: Magination Press (an imprint of the American Psychological Association; this is a children's picture book on forgiveness with notes for parents). Book has also been translated into Egyptian Arabic.
- Enright, R.D. (2012). *The forgiving life*. Washington, D.C.: APA Books.
- Enright, R.D. (in production). 8 keys to forgiveness. New York: Norton.

### **Instruments**

- Enright, R.D. (2004) Enright Forgiveness Inventory. Menlo Park, CA: Mind Garden.
- Enright, R. D. & Rique, J. (2004). *Manual for the Enright Forgiveness Inventory*. Menlo Park, CA: Mind Garden.
- Enright, R. D. (2012). Forgiveness Landscape Rating Scale. Menlo Park, CA: Mind Garden.
- Enright, R. D. (2012). Personal Forgiveness Scale. Menlo Park, CA: Mind Garden.

### **Chapters in Books**

Enright, R. D., and the Human Development Study Group. (1991). The moral development of forgiveness. In W. Kurtines & J. Gewirtz (Eds.), *Handbook of moral behavior and development*, (Vol. 1, pp. 123-152). Hillsdale NJ: Erlbaum.

- Enright, R. D., Sarinopoulos, I., Al-Mabuk, R., & Freedman, S. (1992). The moral development approach: Justice and forgiveness. In R. C. D'Amato and B. A. Rothlisberg (Eds.), *Psychological interventions*. New York: Longman.
- Moore, C. F., Hembree, J. E., & Enright, R. D. (1993). The unfolding of justice: A developmental perspective on reward allocation. In B. Mellers and J. Baron (Eds.), *Psychological perspectives on justice*. Cambridge: Cambridge University Press, pp. 183-255.
- Enright, R. D., Gassin, E. A., Longinovic, T., & Loudon, D. (1995). Forgiveness as a solution to social crisis. In S. Krnjajic (Ed.), *Morality and social crisis*. Belgrade, Serbia: Belgrade Institute for Pedagogic Research.
- Enright, R.D. & North, J. (1998). Introducing forgiveness. In R.D. Enright & J. North (Eds.), *Exploring forgiveness*. Madison, WI: University of Wisconsin Press.
- Enright, R. D., Freedman, S., & Rique, J. (1998). The psychology of interpersonal forgiveness. In R.D. Enright & J. North (Eds.), *Exploring forgiveness*. Madison, WI: University of Wisconsin Press.
- Enright, R.D. (1998). Comprehensive bibliography on interpersonal forgiveness. In R.D. Enright & J. North (Eds.), *Exploring forgiveness*. Madison, WI: University of Wisconsin Press.
- Coyle, C., & Enright, R. D. (1998). Forgiveness education with adult learners. In M. C. Smith & T. Pourchot (Eds.), *Adult learning and development: Perspectives from educational psychology*. Hillsdale, NJ: Erlbaum.
- Enright, R.D., & Coyle, C.T. (1998). Researching the process model of forgiveness within psychological interventions. In E. L. Worthington (Ed.), *Dimensions of forgiveness: Psychological research and theological perspectives*. Philadelphia: Templeton Foundation Press.
- Enright, R.D. (1999). Forgiveness. *Encyclopedia of emotions and behavior*. New York: Macmillan.
- Freedman, S., Enright, R.D., Knutson, J.A., & Gassin, E.A. (2005). A progress report on the process model of forgiveness. In E. Worthington (Ed.) *Handbook of forgiveness*. New York: Brunner/Routledge.
- Enright, R.D. (2007). Forgiveness. In J. Varacalli, S. Krason, R. Myers, and M. Coulter (Eds.) Encyclopedia of Catholic social thought, social science, and social policy. Lanham, MD: Rowmand & Littlefield.
- Enright, R.D. & Knutson Enright, J.A. (2008). Discovering forgiveness: A guided curriculum for children ages 6-8. In C.W. LeCroy (Ed.) Handbook of evidence-based treatment manuals for children and adolescents. Oxford: Oxford University Press.

- Holter, A.C., Martin, J., & Enright, R.D. (2008) Restoring justice through forgiveness: The case of children in Northern Ireland. In D. Sullivan and L. Tifft (Eds.) *Handbook of Restorative Justice: A Global Perspective*. London: Taylor and Francis.
- Holter, A. C., Magnuson, C. M., & Enright, R. D. (2010). Application and assessment of interpersonal forgiveness. In E. Mpofu & T. Oakland (Eds.), *Rehabilitation and health* assessment (pp. 453-472). New York: Springer.
- Enright, R.D., Knutson Enright, J., & Holter, A.C. (2010). Turning from hatred to community friendship: Forgiveness education as a resource for strategic peacebuilding in post-accord Belfast. In D. Philpott (Ed.) Strategic peacebuilding. Oxford: Oxford University Press.
- Holter, A. C., Magnuson, C., & Enright, R. D. (in press) Forgiveness is a matter of choice. In S. Lopez, S. & J. Rettew (Eds.), Positive psychology perspective series. (pp. 69-88). New York: Praeger.
- Enright, R.D. (2012). Renewing communities through forgiveness education: A prospect for peace. In E. Toffano (Ed.) "Che vivano liberi e felici...". (In Italian) Rome, Italy: Carocci.
- Rique, J., Enright, R., Seibel, B., & Kolller, S. (in press). Positive psychology and interpersonal forgive ness within cultures. In Marujo, H. A. & Neto, L. M. (Eds.), *Positive nations and communities: Collective, qualitative and cultural-sensitive processes in positive psychology.* New York: Springer.
- Enright, R.D. (in press). Foreword. In M. Francesco and B. Barcaccia (Eds.), *Teoria e clinica del perdono*. Milano, Italia: Raffaello Cortina.
- Enright, R.D. (in press). Forgiveness: The missing piece to the peace puzzle. In R. Cessario (Ed.) *Violence, Forgiveness, and the Moral Order: The John Henry Newman Series*. Washington, D.C.: IPS Press.
- Hirshberg, M. J. & Enright, R.D. (2014). Forgiveness and self-renewal. In R. Wicks & E. Maynard (Eds.). *Clinician's Guide to Self-Renewal*. New Jersey: John Wiley and Sons, Inc.
- Enright, R.D. (in press). Forgiveness. In A. Wenzel (Ed.), *Sage encyclopedia of abnormal and clinical psychology*. Thousand Oaks, CA: Sage.

#### **Journal Articles**

Enright, R. D., Santos, M., & Al-Mabuk, R. (1989). The adolescent as forgiver. *Journal of Adolescence*, 12, 95-110.

- Mazor, A., Gampel, Y., Enright, R. D., & Orenstein, R. (1990). Holocaust survivors: Coping with post-traumatic memories in childhood and forty years later. *Journal of Traumatic Stress*, 3, 1-13.
- Ganiere, D., & Enright, R. D. (1990). Exploring three approaches to identity development. *Journal of Youth and Adolescence, 18*(3).
- Educational Psychology Study Group (1990). Must a Christian <u>require</u> repentance before forgiving? *Journal of Psychology and Christianity*, *9*, 16-19.
- Human Development Study Group, (1992). Five points on the construct of interpersonal forgiveness within psychotherapy. *Psychotherapy*, 28, 493-496.
- Enright, R. D., Eastin, D. L., Golden, S., Sarinopoulos, I., Freedman, S. (1992). Interpersonal forgiveness within the helping professions: An attempt to resolve differences of opinion. *Counseling and Values*, *36*, 84-103.
- Enright, R. D., Gassin, E. A., & Wu, C. (1992). Forgiveness: A developmental view. *Journal of Moral Education*, 21, 99-114.
- Hebl, J. H., & Enright, R. D. (1993). Forgiveness as a psychotherapeutic goal with elderly females. *Psychotherapy*, 30, 658-667.
- Enright, R. D., and the Human Development Study Group (1994). Piaget on the moral development of forgiveness: Reciprocity or identity? *Human Development*, *37*, 63-80.
- Gassin, E. A., & Enright, R. D. (1995). The will to meaning in the process of forgiveness. *Journal of Psychology and Christianity, 14*, 38-49.
- Al-Mabuk, R., Enright, R. D., & Cardis, P. (1995). Forgiveness education with parentally love-deprived college students. *Journal of Moral Education*, 24, 427-444.
- Subkoviak, M., Enright, R., Wu, C., Gassin, E. A., Freedman, S., Olson, L. M., & Sarinopoulos, I. (1995). Measuring interpersonal forgiveness in late adolescence and middle adulthood. *Journal of Adolescence*, *18*, 641-655.
- Enright and the Human Development Study Group (1996). Counseling within the forgiveness triad: On forgiving, receiving forgiveness, and self-forgiveness. *Counseling and Values*, 40, 107-126.
- Freedman, S. R., & Enright, R. D. (1996). Forgiveness as an intervention goal with incest survivors. *Journal of Consulting and Clinical Psychology*, 64(5), 983-992.
- Enright, R. D. (1996, December). "I forgive you". McCall's, 82, 85, 87.
- Park, Y., & Enright, R. D. (1997). The development of forgiveness in the context of adolescent friendship conflict in Korea. *Journal of Adolescence*, 20, 393-402.

- Coyle, C. T., & Enright, R. D. (1997). Forgiveness intervention with post-abortion men. *Journal of Consulting and Clinical Psychology*, 65(6), 1042-1046.
- Lin, W., & Enright, R.D. (1999). Forgiveness and family: A report on the research at the University of Wisconsin-Madison. *Marriage and Family: A Christian Journal*, 2, 201-209.
- Huang, S.T. & Enright, R.D. (2000). Forgiveness and anger-related emotions in Taiwan. *Psychotherapy*, *37*, 71-79.
- Enright, R.D, & Kittle, B.A. (2000). Forgiveness in psychology and law: The meeting of moral development and restorative justice. *Fordham Urban Law Journal*, *27*, 1621-1631.
- Enright, R.D., Mullet, E., & Fitzgibbons, R.P. (2001). Le pardon comme mode de regulation emotionnelle. *Journal de Therapie Comportementale et Cognitive*, 11, 123-135.
- Enright, R. D., Gassin, E. A., & Knutson, J. A. (2003). Waging peace through forgiveness in Belfast, Northern Ireland: A review and proposal for mental health improvement of children. *Journal of Research in Education*, 13, 51-61.
- Fitzgibbons, R., Enright, R., & O'Brien, T. F. (2004). Learning to forgive. *American School Board Journal*, 191, 24-26.
- Lin, W.F., Mack, D., Enright, R.D., Krahn, D., & Baskin, T. (2004). Effects of forgiveness therapy on anger, mood, and vulnerability to substance use among inpatient substance-dependent clients. *Journal of Consulting and Clinical Psychology*, 72(6), 1114-1121.
- Baskin, T.W., & Enright, R. D. (2004). Intervention studies on forgiveness: A meta-analysis. *Journal of Counseling and Development*, 82, 79-90.
- Gassin, E.A., Enright, R.D., & Knutson J.A. (2005). Bringing peace to the central-city: Forgiveness education in Milwaukee. *Theory Into Practice*, *44*, 319-328.
- Enright, R.D., Knutson, J., Holter, A., Knutson, C, & Twomey P. (2006). Forgiveness education with children in areas of violence and poverty. In M. Bullock (Ed.) *Forgiveness: A sampling of research results*. Washington, D.C.: American Psychological Association (pp. 11-13).
- Enright, R.D. & Knutson, J.A. (2006). Forgiveness therapy and education: A progress report. *California Psychologist*, September/October, pp. 20-23.
- Reed, G. & Enright, R.D. (2006). The effects of forgiveness therapy on depression, anxiety, and post-traumatic stress for women after spousal emotional abuse. *Journal of Consulting and Clinical Psychology*, 74, 920-929.
- Enright, R.D., Knutson, J.A., Holter, A.C., Baskin, T., & Knutson, C. (2007). Waging peace through forgiveness in Belfast, Northern Ireland II: Educational programs for mental health improvement of children. *Journal of Research in Education*, Fall, 63-78.

- McKay, K.M., Hill, M.S., Freedman, S.R., & Enright, R.D. (2007). Towards a feminist empowerment model of forgiveness in psychotherapy. *Psychotherapy*, 44, 14-29.
- Rique, J., Camino, C.P., Enright, R.D., & Querioz, P. (2007). Perdao interpessoal e contextos de injustica no Brasil e Estados Unidos. *Psico, Porto Alegre, PUCRS* (Brazil), 38, 185-192.
- Orathinkal, J., Vansteenwegen, A., Stroobants, R., & Enright, R. (2007). Further validation of the Dutch version of the EFI. *Community Mental Health Journal*, 43, 109-128.
- Knutson, J. A., Enright, R. D., & Garbers, B. (2008). Validating the developmental pathway of forgiveness, *Journal of Counseling and Development*, 86, 193-199.
- Enright, R.D., Knutson Enright, J.A., Holter, A.C., Baskin, T., & Knutson, C. (2008). Waging peace through forgiveness in Belfast, Northern Ireland III: Correcting a production error and a case study. *Journal of Research in Education*, 18, 128-131.
- Magnuson, C.M. & Enright, R.D. (2008). The church as forgiving community: An initial model. *Journal of Psychology and Theology*, 36, 114-123.
- Gambaro, M.E., Enright, R.D., Baskin, T.A., & Klatt, J. (2008). Can school-based forgiveness counseling improve conduct and academic achievement in academically at-risk adolescents? *Journal of Research in Education*, 18, 16-27.
- Enright, R.D. & Knutson Enright, J.A. (2008). Response to the question: Must we forgive people who have done what would seem to be unforgivable? *In Character*, 4, 51-53.
- Holter, A.C., Magnuson, C., Knutson, C., Knutson Enright, J.A., & Enright, R.D. (2008). The forgiving child: The impact of forgiveness education on excessive anger for elementaryaged children in Milwaukee's central city. *Journal of Research in Education*, 18, 82-93.
- Waltman, M.A., Russell, D.C., Coyle, C.T., Enright, R.D., Holter, A.C., & Swoboda, C. (2009). The effects of a forgiveness intervention on patients with coronary artery disease. *Psychology and Health*, 24, 11-27.
- Hansen, M.J., Enright. R.D., Baskin, T.W., & Klatt, J. (2009). A palliative care intervention in forgiveness therapy for elderly terminally-ill cancer patients. *Journal of Palliative Care*, 25, 51-60.
- Enright, R.D. & Knutson Enright, J.A. (in press). Can we scientifically test psychological models which contradict each other? *Edification*.
- Klatt, J, & Enright, R. (2009). Investigating the place of forgiveness within the Positive Youth Development paradigm. *Journal of Moral Education*, *38*, 35-52.

- Lee, Y. & Enright, R.D. (2009). Fathers' forgiveness as a moderator between perceived unfair treatment by a family of origin member and anger with own children. *The Family Journal*, 17, 22-31.
- Enright, R. (2009). The radical meaning of forgiveness. *Azure* (Jerusalem), 38, 43-55.
- Magnuson, C. M., Enright, R. D., Fulmer, B., & Magnuson, K. A. (2009). Waging peace through forgiveness in Belfast, Northern Ireland IV: A parent and child forgiveness program. *Journal of Research in Education*, 19, 57-65.
- Baskin, T. W., Wampold, B. E., Quintana, S. M., & Enright, R. D. (2010). Belongingness: Protective factor against loneliness and potential depression in multicultural middle school. *The Counseling Psychologist*, *38*, 626-651.
- Enright, R.D. (2010). Unpacking forgiveness, a response to the editor's questions. *New Therapist* (South Africa), March/April, 13-21. (Dialogue among academics who study forgiveness)
- Enright, R.D. (2010). Forgiveness education as a path to peace. *Corrymeela* (Northern Ireland).
- Osterndorf, C. L., Enright, R. D., Holter, A. C., & Klatt, J. (2011). Treating adult children of alcoholics through forgiveness therapy. *Alcoholism Treatment Quarterly*, 29, 274-292.
- Lin, W. N., Enright, R. D., & Klatt, J. (2011). Forgiveness as character education for children and adolescents. *Journal of Moral Education, June*, 237-253.
- Klatt, J. S., & Enright, R. D. (2011). Initial validation of the unfolding forgiveness process in a natural environment. *Counseling and Values*, *56*, 25-42.
- Enright, R.D. (2012). Forgiveness education. *Le Cheile: A Catholic School Ethos Journal*, 17, 9-10 (Northern Ireland).
- Watson, M. J., Lydecker, J. A., Jobe, R. L., Enright, R. D., Gartner, A., Mazzeo, S. E., et al. (2012). Self-forgiveness in anorexia nervosa and bulimia nervosa. *Eating Disorders: The Journal of Treatment & Prevention*, 20(1), 31-41.
- Graham, V.N., Enright, R.D., Klatt, J.S. (2012). An educational forgiveness intervention for young adult children of divorce. *Journal of Divorce and Remarriage*, *53*(8), 618-638.
- Wei, N.L., Enright, R.D., Klatt, J.S. (2013). A forgiveness intervention for Taiwanese youth with insecure attachment. *Contemporary Family Therapy*, 35(1), 105-120.
- Park, J.H., Enright, R.D., Essex, M.J., Zahn-Waxler, C., & Klatt, J.S. (2013). Forgiveness intervention for female South Korean adolescent aggressive victims. *Journal of Applied Developmental Psychology*, 20, 393-402.

- Enright, R.D. (2013). Eight essentials when forgiving. *Greater Good* website, University of California-Berkeley, October.
- Enright, R.D., Rhody, M., Litts, B., & Klatt. J.S. (2014). Piloting forgiveness education in a divided community: Comparing electronic pen-pal and journaling activities across two groups of youth. *Journal of Moral Education*, 43, 1-17.
- Kim, J. & Enright, R.D. (in press) A theological and psychological defense of self-forgiveness: Implications for counseling. *Journal of Psychology and Theology*.
- Enright. R.D. (in press) Clearing up client confusion regarding the meaning of forgiveness: An Aristotelian/Thomistic analysis with counseling implications. *Counseling and Values*
- Lee, E., Kim, S., & Enright, R.D. (in press). A case study of a survivor of suicide who lost all family members through parent-child collective suicide. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*.
- Lee, Y-R & Enright, R.D. (in press) A forgiveness intervention for women with fibromyalgia who were abused in childhood: A pilot study. *Spirituality in Clinical Practice*.