

**International Forgiveness Institute
Founding Board Member Profile**

Frederick A. DiBlasio, Ph.D., LCSW-C



Fred DiBlasio is a Professor in the School of Social Work at the University of Maryland in Baltimore where he has been teaching for nearly 40 years (Assistant Professor 1984-1991; Associate Professor 1991-1996; Professor 1996-present). He is also a licensed and practicing Clinical Social Worker providing direct therapy to clients at the University of Maryland.

Prior to his current position, Dr. DiBlasio was a Social Work Instructor at Virginia Commonwealth University. From 1981-1986, he served as Founder and Director of Counseling Services of Richmond (VA)—a nonprofit center providing therapeutic services for families, groups, married couples, and individuals.

Dr. DiBlasio's educational background includes a Bachelor of Arts degree from McDaniel College, Westminster, MD; a Master of Social Work from the University of Maryland at Baltimore; and a

Doctor of Philosophy from Virginia Commonwealth University. He also completed the two-year Advanced Clinical Training Program at the Family Therapy Institute in Richmond, VA.

A founding Board member of the International Forgiveness Institute, Dr. DiBlasio has published more than 50 journal articles and reports—a majority of them focusing on his forgiveness research projects. He has also developed a 13-step decision-based forgiveness protocol that he has used as a therapeutic intervention in his clinical practice for more than 30 years.